

April 17, 2020

Dear Parents/Guardians:

First and foremost, I would like to celebrate and thank you all for working with us to keep learning happening from home in every way possible. We know the current crisis is far from over, but your efforts these few weeks have demonstrated courage, and creatively as we face some huge challenges. We will continue to work together for health, safety and ongoing learning. This has been our first week of really starting the school learning from home. Your child's teacher has provided your child with a learning schedule for the week and a time(s) for meeting virtually online. Hopefully you have found this helpful and have been able to check in and connect with the teacher and in some cases the educational assistant. Please make sure you are replying back to emails and responding to calls so we know you are connected with us and receiving the learning information. **Parents as you reflect on this past week and look ahead, be gentle and compassionate with yourself. Take a deep breath. We recognize this is hard work and we extend a virtual helping hand. Please reach out to us here at Central for help.**

A friendly reminder regarding **appropriate manners for online learning**. Please help your child set appropriate boundaries around time to message and connect on Office 365. We have noticed some students are online well after midnight. It is really important to help set healthy routines and habits for the next few months with your child (ren).

If you know you will be moving and your child will not be attending Central next year, please let the office know as we are beginning to plan and project our student numbers for next fall.

Unfortunately, this year we are not able to recognize and show our appreciation for our volunteers in hosting our usual volunteer tea. Please know that we appreciate you and are very thankful for your contributions to our school.

Interestingly, our focus for the month that was set at the beginning of the year for April was "I can persevere when presented with a challenge"---being Mindful. This certainly seems well suited to the current situation we find ourselves in.

As Dr. Bonnie Henry says, "be Kind, be calm and be safe".

Warm regards,

Leslie Waddington