

February 2022

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PRINCIPAL'S MESSAGE

It may be cold out there, but February is a month with several events and holidays that warm up your heart to bring you closer to your family and friends. This month our focus is about being **MINDFUL** and how our words and actions affect others. We are encouraging everyone at Central to smile, give compliments, offer help and to just be kind. Please join us as we all do our best to model this way of interacting for our young people.

This caring attitude is reflected in our *Code of Conduct Matrix*, of being **Safe**, **Warm** hearted, having **Integrity** and being **Mindful**. Central Sockeyes **SWIM** to success.

Central is stepping into February by undertaking 'Kindness', wearing pink to represent anti-bullying, and working hard. We will also be participating in Jump Rope for Heart. Please consider sending your child with a donation for this good cause on Twosday Tuesday (Feb. 22nd). As well Central students will be spreading kindness in our community; putting our words into action.

We are mid-way through term two and this is prime learning time between now and Spring Break. This is a good point to check up on your child's progress, as we are halfway through the school year. Soon we will begin our transition meetings with the middle school to prepare our grade 5 students for next year. I also look forward to starting my recess "Tea for Three" time as I chat and sip tea with a few Grade 5 students each day. I am always so impressed with our students and encouraged by our conversations that they are ready for the next upcoming challenge of middle school. While we savor the last bit of time with our eldest students, we soon begin meeting our newest recruits for Kindergarten.

"I'VE LEARNED THAT PEOPLE WILL FORGET
WHAT YOU SAID, PEOPLE WILL FORGET
WHAT YOU DID, BUT PEOPLE WILL NEVER
FORGET HOW YOU MADE THEM FEEL."

- MAYA ANGELOU



RANDOM ACTS OF KINDNESS

February Dates to Remember:

February 14 Valentine's Day/Spirit Day- red, pink heart day

February 17 EARLY DISMISSAL 11:20 AM

February 18 Professional Day – NO CLASSES IN SESSION

February 21 Family Day – NO SCHOOL

February 22 **Twosday**—02-22-2022—Bring a **twoonie** for
Jump Rope for Heart

February 23 **PINK** Shirt Day – Community Kindness
Jump Rope for Heart

February 25 Hot Lunch Day

March 1 PAC meets virtually 6:00 pm—all are welcome

"What do you want to be
when you grow up?"



"Kind" said the boy

KINDERGARTEN REGISTRATIONS

If you have a child born in 2017, it is time to register him/her for Kindergarten. Please register early to ensure your child has a space here at Central, as classes are filled on a first come first serve basis. Registration is done online. Please visit our website for the link and information on how to register your child.

MONTHLY FOCUS

MINDFUL: I am aware of my body and words and how they affect others.

Smile, Give Compliments, Offer to Help and Be Kind

CENTRAL STRONG START

Come check out our new StrongStart center! A wonderful place to come and meet parents and children in a fun environment. It is a free, drop-in program for children ages 0-5 years of age. There is painting, playdough, crafts, toys, puzzles, circle time (story/ songs) and a healthy snack is available.

Open Monday - Friday from 8:30-11:15. Closed all school holidays. Children must be registered. Once the registration is completed, the StrongStart teacher will email a confirmation that you can start attending.

To register: sd33.bc.ca/strong-start Any questions, please email me at: kim_karr@sd33.bc.ca Hope to see you soon! Kim

FUNDRAISER

PAC will be having a valentine's treat fundraiser—more information to come!

WEATHER AND WEAR

Please make sure your child has an appropriate jacket and boots, as we will continue to play outside for recess and lunch if it is raining lightly or snowing. If your child is in need of a jacket or boots, please let us know as we have some that have been donated to our school.

PINK SHIRT DAY

We are asking our students to **wear pink on Wednesday February 23rd to support kindness and take a stand against bullying.** *Pink Shirt Day* originated in Nova Scotia when two students stood up to bullying in their high school. A new student was being bullied, and was harassed even more when he showed up at school wearing a pink shirt. In support, these two young men went to a discount store and purchased 50 pink t-shirts. They enlisted fellow male students to wear pink shirts to support the new student who was being bullied. We continue to work towards keeping our school community a safe and caring environment for all and it is days like this that help reinforce our actions.

STAFFING UPDATE

We want to thank Ms. Poh for her time and dedication to Central these past several months as she filled Ms. Turner's Maternity leave. We wish Ms. Poh all the best as she goes to her new position. Welcome back to Ms. Turner, who will be returning on Feb. 22nd. Welcome to Amanda Gill who has joined our wonderful EA team at Central.

PAC NEWS

This month's PAC meeting was held on February 1st at 6:00 p.m. virtually. It was the AGM, where our new PAC executive was voted in.

Our new PAC executive members are:

- President: Georgina Charlie
- Vice-President: Michelle van Vugt
- Treasurer: Devyn Banks
- Secretary: Maddie Tiessen
- DPAC Rep:

A big heartfelt thank you to our past PAC executive for all the work and support they have given to Central! Thank you to our executive team for this year moving forward. We appreciate all you do.

If you have questions or comments, feel free to do the following:

- **Visit** the school office
- **Call** the school office at (604) 792-8537
- **Email** the school at central@sd33.bc.ca
- **Check** the School Website

<http://central.sd33.bc.ca>

Note: we are in the process of updating our website so watch for the new 'look'!

Central, we are one of a Kind-ness !

Kindest regards,

Mrs. L. Waddington, Principal

Mrs. D. Arnold, Vice-Principal

