

In Preparation for KINDERGARTEN 2022/2023

These skills below should be practiced over the summer to help your child build independence. Please contact the school if you need support or resources to prepare your child for kindergarten.

Emotional and Social Development

- Show an awareness of personal space
- Handle difficulties with others without being physically aggressive (hitting, biting, kicking, pinching, etc.)
- Help clean up toys after playing

Intellectual Development

- Enjoy listening to stories
- Recognize their own name in print
- Recognize alphabet letters in print (books, posters, signs, etc.)
- Count by memory from 1- 10
- Identify common shapes and colours
- Show interest in exploring

Physical Development and Well Being

- Use washroom, wash, and dry hands without help
- Dress themselves independently, including putting on their shoes (if your child is not able to tie, please use **VELCRO SHOES ONLY**)
- Put items into their backpack and zip them up without help
- Open and close most snack and lunch items independently
- Blow and wipe nose with a tissue independently

Kind Regards,

Central Kindergarten Teachers