

Getting Ready for KINDERGARTEN 2024-2025

These skills below should be practiced over the summer to help your child build independence. Please contact the school if you need support or resources to prepare your child for kindergarten.

Emotional and Social Development

- Show an awareness of personal space
 - Give people space when sitting beside them
 - Asking for a hug before giving one
- Handle difficulties with others without being physically aggressive (hitting, biting, kicking, pinching, etc.)
 - Asking for help or sharing how they feel
- Help clean up toys after playing
 - Able to clean up when asked without a tantrum

Intellectual Development

- Enjoy listening to stories
- Recognize their own name in print
- Recognize alphabet letters in print (books, posters, signs, etc.)
- Count by memory from 1- 10
- Identify common shapes and colours
- Show interest in exploring

Physical Development and Well Being

- Use washroom (includes wiping and doing up pants), wash & dry hands without help
- Dress themselves independently, including putting on their shoes
 - **VELCRO or SLIP ON SHOES ONLY**
 - Zip up jackets
 - Buttons on pants
- Put items into their backpack and zip them up without help
- Open and close most snack and lunch items independently
- Blow and wipe nose with a tissue independently

Kind Regards,

Central Kindergarten Teachers